MOBILE LEARNING TO IMPROVE WRITING IN ESL TEACHING

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Abstract: This article reports on the results of a study concerning the type of texts and their features produced by a student after using mobile technology as a support to improve the development of the students' writing skills in a second language. The Functional Systemic Linguistic (FSL), Genre Pedagogical Approach (GPA), and mobile learning concepts were employed as theoretical framework. The participant of the research was a freshman student that belongs to an English narrative course in a private university of the Caribbean region, Universidad Del Norte in Barranquilla, Colombia. This case study analyzed the student's writing during a period of eight-week course, which was then complemented with an interview conducted by the researcher. The results reveal that genre approach can be implemented with mobile technology to increase students' writing ability.

Keywords: genre pedagogy, second language, writing skills, mobile learning

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The gradual inclusion of new information and communication technologies in educational contexts has not been a new or a unique element. Hanson-Smith (2000) states that discussion on the use of technology (the use of cassettes, tape recorders, etc.) in classrooms had already started in the 1960s; at that time technology was mentioned as an instrument to facilitate the teaching of second language. Currently, technology in classroom has included the implementation of mobile devices to support the teaching and learning processes (Naish, 2005; O'Connell & Smith, 2007).

Mobile Learning

Teaching languages especially foreign languages assisted by computers or CALL (Computer-Assisted Language Learning) and by mobile device or MALL (Mobile-Assisted Language Learning) is an example of how new communication technologies can be used to serve the learning objectives (Stock-well, 2010). Within this approach, mobile learning refers to the acquisition of knowledge through mobile devices. This means that learning takes place anywhere and any time. Its implementation apparently serves not as a new way to learn languages but rather as a complement to specific learning activities in the educative context (Venkatesh, Nargundkar, Sayed, & Shahaida, 2006; Martin & Ertzberger, 2013). This was done because not all learning contents can be transmitted through mobile technology (Taylor, 2007). Contents used in mobile learning must be short and light so they allow for feedback and periodical revision due to the mobility implied (Looi, et al., 2010).

One of the options for mobile learning includes "Podcasts" (audio or video files transmitted through Internet) which are media to show contents and are considered useful to facilitate learning English as a foreign language (McCarthy, 2005) because they allow students to practice their skills outside the classroom. The great benefits of podcasts include their easy download, not only on PCs but also on any mobile device, which then leads to increasing mobility of their users.

The Functional-Systemic Approach

Functional Systemic Linguistics (FSL) conceives language as a resource to build, elaborate and explain meanings immersed in the social and cultural context (Eggins, 2004). Its main objective is to know how language works in particular settings and cultural background that allows an understanding of what takes place in the context (Ghio & Fernández, 2005).

A text genre is determined by the culture in which the text is used. For this reason, different cultures reach their objectives through language in different ways (Derewianka, 1990). This is to say that people belonging to the same culture share social objectives using language and taking into account the topic discussed both in written or spoken contexts. Social contexts are molded by people who use the language (Colombi, 2009).

On the other hand, Schleppegrell (2006) defines FSL as a theory of language which offers tools to identify linguistic characteristics which are relevant in the construction of different kinds of texts. This way, using LSF, students learn to be conscious of three language functions: *ideational* (language is used to represent experiences), *interpersonal* (language is used to interact with others), and *textual* (language is used to construct coherent discourses (Lirola, 2006).

Genre Pedagogical Approach (GPA)

Former pedagogies to approach the study of this ability emphasized on the form of the text. This is to say that the development of writing skills in a foreign language was centered in the ability to construct coherent grammatical structures, especially in the formal aspects of the text, leaving apart the relation existing between the context and the written text. Additionally, the role of the teacher consisted of presenting students model texts to simply be adapted (Tribble, 1996; Lirola & Cuevas, 2008). At the same time, students were not taught the common linguistic characteristics of a specific genre, which allow them to predict their context (Lirola & Cuevas, 2008).

In contrast with the former pedagogy, the pedagogic approach based on genre (types of texts) which appeared in the 80s, has become a central concept in the studies of teaching writing in a second language (Tardy, 2011). Several scholars (Martin, 1985; Christie, 1987; Martin 1992; Feez, 1998) within the context of Functional Systemic Linguistics (FSL) initially developed this approach in Australia.

In the genre approach, language is a dynamic and open system where genres are used as a starting point to model, deconstruct and understand language (Rose, 2008). For many language teachers, this pedagogical approach has been favorable because it offers valuable resources to help all kinds of students to produce efficient texts (Hyland, 2007; Tangpermpoon, 2008; Lirola, 2006).

The GPA is used to design the content of the podcasts in this study because the narrative course in which the research is carried out is taught under the Genre Pedagogical Approach.

Text Qualities

Other characteristics of texts were analyzed in this study, such as coherence. According to Halliday and Hassan (1976), coherence is defined as the meaning relations existing within a text. Likewise, Nunan (1999) describes it as words or phrases, which allow the writer to establish links that helps to put sentences together.

The genres used in this study were personal recounts, autobiography and short story. Firstly, personal recounts are texts that reconstruct a past experience containing a series of events, and its aim is to retell them with the purpose of entertaining or informing (Martin & Rose, 2008; Derewianka, 1990; Feez, 2002). The genre structure contains a first stage called orientation where basic information for contextualization for the reader or listener is provided. Then, a series of events are described, and the last stage called reorientation is a personal comment to evaluate the experience.

Secondly, autobiographies are texts used to tell significant events in the life of the writer. The structure usually explicitly identifies time periods of life (*When I lived with X*). According to Rose (2008), the genre structure presents an orientation and a series of significant events in the participant's life. Lastly, short stories are texts that require the following structure: an orientation, a complication and a resolution (Feez, 2002; Martin & Rose, 2008). Its purpose is for entertainment or to deal with an issue. The particular language characteristics of this kind of text are: a series of clauses in the past tense, linked with time markers such as: *yesterday, last week*, etc.

This study is focused on how the genre pedagogy through mobile learning improves English text qualities of a Colombian student in a private university. These following two research questions guide the study:

- 1. What type of texts does the participant produce better after the implementation of genre pedagogy with podcasts?
- 2. What are the patterns of the texts elaborated by the participant after the use of genre pedagogy with podcasts?

METHOD

This research was developed with the case study modality, as defined by Sampieri and Mendoza (2008, p. 162): "a research, that through quantitative and qualitative or mixed processes analyzes an integral unit in depth to respond to the problem stated, to prove a hypothesis and to develop theory". Subjects were selected taking into account their availability to participate in the research experience.

This case study follows Sampieri and Mendoza's (2008) guidelines for the study of mixed and sequential cases implemented in one single subject. In other

words, it examines one single human unit with qualitative and quantitative methods implemented in a sequence. The advantages of a case study make it a conventional tool for using it in quantitative and qualitative research, as they offer deeper and richer information (Shaughnessy, Zechmeister, & Zechmeister, 2007).

The subject of this research was an International Relation student from Universidad del Norte, Colombia. The 19-year-old freshman student attended a narrative class with the researcher, and volunteered for the study. Her English level according to the Common European Framework was B1. This process was developed in an eight-week period.

The case study was developed from a semi-structured interview, which aimed at eliciting several aspects of student's experience with podcasts. This includes the way the student used the podcasts and how it influences her motivation and attention in class. Some of the questions respond to topics already studied in her narrative class, which have helped create a framework to understand the study object (see Appendix 1).

First of all, the participant produced an initial text of each type (personal recounts, autobiography and short stories) before receiving the explicit instruction (in class) of the aim of each stage of the types of texts (the genre structure) and the linguistic characteristics of the different types of texts with the purpose of identifying the state of her writing skills. After the first production, a mobile device with a podcast about the type of text studied in class is given to the student. The podcasts previously designed by the teacher contained the structure of the types of narrative texts with graphic organizers.

The participant took the mobile device home for two weeks. In the third week, prior to instutional tests, the participant rewrote the type of text already checked to identify the state of the writing skills after using the podcast. The intention was to distinguish which aspects (steps of the genre structure, text unit, graphology and spelling) had improved.

FINDINGS AND DISCUSSION

Findings

The written production of the participant was analyzed in relation to linguistic patterns and genre characteristics presented before and after checking the podcasts. The analysis of the texts (personal recounts, autobiography and short stories) was based on four aspects: the genre structure, the text unit, and the graphology aspects. The first one, the genre structure, refers to the organization of steps that a genre must complete to achieve its aim (Rose, 2008). The text unit refers to cohesion; the grammatical aspects refer to sentence construction in declarative ways and the group of processes (verbs) and, finally to spelling and punctuation (Feez, 2002). When writing personal recount text, the participant was asked to narrate the events developed during the weekend. In autobiography she wrote about the most significant events in her life. Finally, in short story, she was asked to rewrite a brief story after reading it. In this case the short story was "*The window*", an anonymous short story with a moral.

Analysis of Personal Recount Text

Figure 1 and 2 describe the comparison of the student's writing before and after the implementation of podcasts in mobile devices. The student took approximately 25 minutes writing the initial personal recount. While in the second production, the student took less time. The podcast showed a fish graphic organizer with the structure of a personal recount.

Tayrona Park. Last weekend. I visited to Santa Marta in the Saturday and Sunday. I went to "Parque Tayrona" with my family and friend. It is forscinaty. The sea is very blue and sand yellow. I went to camping, the night is scared because all dark. when we arrived walked for 2 hours. The beach is very people. I swin in the sea with my friend Andrés, she doesn't swin. The experience was extraordinarie, because I love to share with my family and -friend.

Figure 1: Subject's Initial Recount

Tayrona Park Last week, I went to Santa Marto with my friend Andrés, Juan Gabriel and Maxia. We were very excited to this city. First, we went to Tayrona Park with my formily and friends. We walked around the "Banco" beaches and we swon on the sea. After we ate seafood, woonut rice and "patacones". Then we sunbathe and I listened to music. Next we went to camping to night. I was scared, because everything was dark. Finally, we went back at home. Tayrond park beaches are beautiful! It was a funny and nice experience.

Figure 2: Subject's Final Recount

Having compared both texts, it can be observed that the quality of the second text was better, and the student seemed to have developed in several aspects. Table 1 lists a short summary of the main aspects in which the quality of both products differs quite significantly.

Table 1. Difference in Recounting: Initial and Final	
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INITIAL	FINAL	
Genre Structure		
The text hardly shows the fundamental parts of recounting. There are no defined separations between the sequence of events and the orientation. There is no description of the trip events, although there is a reorientation which fulfills the objective of evaluating the travelling ex- perience.	The text shows clearly the three stages of recounting: orientation, events and reorientation. In the reorientation, she adds another participant, which she had not included in her first recount. She also shows a clearer and more elaborate language when compared with the first text. For example, she changes the action of visiting for: <i>I went to Santa Marta</i> .	
Text Unit	- Cohesion	
There is a weak use of logic connectors and referents that allow a better under- standing of the context. Likewise, the text lacks the use of appropriate pronouns to refer to what has been previously men- tioned. There is no lexical variety. That is, she needs more terms for every sub-topic. For example in line 3, when she mentions the place (Parque Tayrona, she tries to de- scribe it.	It includes some of the sequence connect- ors corresponding to narrative texts, such as: <i>first, after, finally,</i> which allow a better text organization and the establishment of a logical order of ideas. The text shows an improvement in lexical cohesion. For example, at the end of the text she includes words to describe the experience: <i>It was a funny and nice expe-</i> <i>rience.</i>	
Spelling and	Punctuation	
There are spelling mistakes, such as: <i>fas-cinaty</i> and <i>extraordinarie</i> . It seems to be a negative transfer from French to English.	Absence of spelling mistakes shows improvement.	
Grammatic	cal Aspects	
Most actions are in the past tense, such as <i>visited, went,</i> and <i>arrived.</i> Nevertheless, there are state actions in the present tense that should be in the past form, such as: <i>is.</i> There is a mixture of present and past:	The text shows appropriate language characteristics for recount text. This means that all the actions that happened in the past are expressed in the past tense. Nevertheless, there is an action which is still in the present tense: <i>we sunbathe</i> .	

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She doesn't swam. There is transfer from the mother tongue: the appropriate order of adjectives: sand yellow. There are also inadequate grammar constructions: The beach is people. The night is scared.

Analysis of Autobiography Text

Figures 3 and 4 illustrate the autobiographies recounted by the participant before and after the experience of the implementation of podcasts.

In "la Bahia más Linda de America". In early August 20th in 1992 born a ting baby with black hair and white skin. That's me Ana Maria Turizo. At two years I attended Kinder Glarden "Mis Amiguitos" in Janta Marta. In 1996 I studied "La Presentation" High School, when I was 10 years. My first Communion In 2006 my grandparents died. I fell very sad because they were like parents. I fell very alone and didn't accept because it was very sudden and unprepared. This event changed my life in a radical way; as it gave me more strength to face hard knock in my life. I learned from this event that we don't know the day when a loved and going away never to return. I learn that there must be strong and not let our guard down. In 2007 I celebrated my 15th years. I had a great beach party. After I did confirmation. When I was 17 years I graduated from high school. One year after I began the University in Janu my and I had my first flat in July. My family is a moder family as my mom died in the childbirth because of it from babog I loved with my grandparent and aunts (Mary and Nelly). My aunt Nelly is a nutritionist and my aunt Nelly that I call morn is a lawger. In 2006 my grandpowents died, so I changed to a small hause. My family is that many of us are always together and when you need them in good times and bad.

Figure 3: Subject's Initial Autobiography

In the most beautiful bay of America, Santa Marta. In nearly August 20th in 1992 at tiny baby born with black hair and
white skin; that 's me Ana Maria Turizo.
I'm responsible, very happy, polite, sociable, intelligent and funy.
When I was 2 years I attended "Mis Amiguitos" Kinder
garden. In 1996 I studied "La presentation" Station. When
I was 10 years I received the first communion.
In 2006 my grandparents died. I felt very sad because
they were like my parents. I felt very alone and I didn't
accept because I was very very sudden and unexpected.
this event changed my life in a radical way. I gave more strength to me forward. I learned from this event we must
use los tress creations. I learned from this event we must
we the time possible with loved ones.
In 2007 I celebrated my 15th years in a great beach
party. 1 year after that I did my confirmation. In 2009
I graduated from high school. When I was 17 years
I began the University in January and I had my first
flat in foly.
My furnily is a modern furnily because my morn died 2
years after I was born as I went to live my grandparents
and my aunts (Mary and Nelly).
My aunts Mary is a nutritionist. My aunt Nelly that call
me mom 15 a lawyer.
I have a big family we usually together a when good
time, and bad.
Hy short term plans are I study English and French in
Canada for 9 months. After 1 went to Brazil I job in
homenitarian and analaban for 5 man has 1
humanitarian organization for 5 months, because I have a
Professional practice.
Hy professional dream is a excellent internationalist and I
hope work in NGO's.
My personal future is still uncertain. I would be have
more children and get married.

Figure 4: Subject's Final Autobiography

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The following Table 2 shows in detail the analysis of the autobiography of the participant before and after the use of podcasts designed by the teacher.

INITIAL	FINAL
Genre	Structure
The text shows orientation and events re- count but it does not have a reorientation. In the orientation we could observe how the participant identifies herself and mentions her birth date and place. Then, she mentions a series of chronological events about her life. Nevertheless, there is a short non-logical description of her family at the end of the events.	The text describes the stages of the autobiog- raphy: an orientation where the participant describes details about her personality, a se- quence of events, and a reorientation where she expresses her future plans.
Text Unit-Cohesion	
Absence of logical connectors or their inap- propriate use is observed. These make events appear in a compact manner without demar- cation, which affects logic and sense of nar- ration. An example of the incorrect use of connect- ors is in line 15: <i>I had a great beach party</i> . <i>After I did a confirmation</i> . One good example is in paragraph 3: <i>one</i> <i>year after</i> where she presents an appropriate use. There is transfer from L1 to L2: <i>It gave me</i> <i>more strength to face hard knock in my life</i> .	Although the text has few connectors in rela- tion to the autobiography genre, there is more clarity of the ideas. Nevertheless some con- nectors are used inappropriately. For exam- ple, in line 20: <i>My family is a modern family because my mom died 2 years after I was born.</i> She uses terms related to her future plans in the reorientation stage: <i>My short term plans,</i> <i>my professional dreams, and my personal fu-</i> <i>ture</i> . The text shows improvement in the construc- tion of sentences with simple arguments: <i>I</i> <i>learned from this event that we must use the</i> <i>time possible with loved ones.</i>
Spelling and	l Punctuation
The text does not have relevant spelling problems.	The text does not show spelling problems. It is similar to the first one.

Table 2. Differences in the Autobiography Production

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Grammatical Aspects		
There is confusion of process verbs: <i>I would</i> be have more children.	There is more coherence in the ideas even though there is negative transfer from L1 to	
There is also confusion with verbal forms. For example, she uses future expressions, but the actions are in the past.	L2 (Spanish). For example, in line 6: <i>When I was 2 years I attended</i> and line 8: <i>I received the first communion.</i>	

Analysis of Short Story Text

The following Figures 5 and 6 show in detail the short story genre production before and after the experience of podcasts implementation.

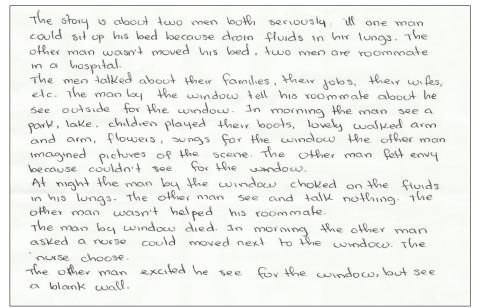


Figure 5: Subject's Initial Short story

The story is about two men, both seriously ill. One man could sit up of his bed because draim fluids his lungs. The other man had to spend time flat in this bed. the men talked for hours about their wives, their jobs, their families, etc. the man next to the window saw outside the window and he described his roommate all things look a lake, a park, a children played with his boots, a lovely walking arm in arm, flowers. The other man close his eyes and imagine the scene. the other man felt envy because couldn't see the window. At night one man choked and the fluids of his lungs. the other man hadn't moved. He didn't help his roommate. The man next to the undow died In next morning the other man asked to a nurse if he could be moved a bed next to the window. The nurse accepted. The other man was excited because he could see outside the window. Finally found a black wall.

Figure 6: Subject's Final Short story

The following table summarizes the differences observed in the short story text.

 Table 3. Differences in the Initial and Final Short Story Production

INITIAL	FINAL	
Genre Structure		
The text has an orientation. Howev- er, the sequence of events is not clear and therefore, the knot stage is not identified. It also does not have a resolution stage.	The text shows orientation, and the events in the different stages of the story have details. It is clear also that she has tried to finish with a resolution when she includes the connector <i>finally</i> . Nevertheless, she lacks precision. The knot dilutes in the events and it is hard to identify it.	
	It is worth mentioning that the participant uses almost the same terms as in the first production.	

Text U	Jnit- Cohesion
The text needs logical connectors to make the story flow smoothly and help readers understand the story events. There are pronoun references, but in some occasions, they are inappropri- ate. For example, in line 2: <i>one man</i> <i>could sit up of his bed because drain</i> <i>fluids in <u>her lungs</u>.</i>	The text has very few connectors. It only mentions two: <i>in next morning</i> and <i>Finally</i> . Moreover, they do not help to connect ideas and make them coherent. The text only shows reference to the person- al pronoun <i>she</i> and the possessive adjectives <i>his</i> and <i>their</i> . Other than that, lack of cohe- sion still remains.
Spelling and Punctuation	
There is lack of appropriate punctua- tions to help understand the events	There is an improvement in the use of capi- tal letters.
better. There are problems with the use of capital letters.	No spelling mistakes are observed.
Very few spelling mistakes, e.g.: <i>Their <u>wifes</u></i>	
Gramm	natical Aspects
The text shows sentences lacking processes and therefore understanding is difficult. For example in line 2: because drain fluids his lungs. The other man wasn't moved his bed.	There is improvement concerning the verbal tenses used although there are still actions in the present simple. For example, in line 8:the other man <u>close</u> his eyes and imagine_the scene
There is negative transfer from L1 (Spanish) to L2, for example in line 9 and 18: <i>for the window</i> .	There is also a better use of the auxiliary verbs as can be seen in line 13: <i>She didn't help his roommate.</i>
Another case is the omission of pro- noun <i>he</i> ; see line 18: <i>but see a</i> <i>black wall.</i>	The text shows some connectors, but they are not used properly.
It contains unclear sentences. For ex- ample:he described his roommate all things look a lake, a park, , a lovely walking arm in arm.	

The text describes some past events using verbs in the present tense. For example, in line 7:

In the morning the man see a park...

On some occasions, she omits the main action of the sentence. See in line 18: *The other man excited she see*...

Analysis of the Interview

The interview dealt with three aspects: (1) learning results which concern the changes perceived by the subject in her abilities to develop written texts of different kinds of narrative genres, (2) the role of podcast in the learning process, and (3) affective factors such as attention and motivation related to the use of technological tools for improving the production of written texts.

Learning Results

The first question concerns the changes observed by participant when writing the three types of texts. The student mentioned that she felt most satisfied with the change in the register of her written production.

After the experience with the podcasts, the texts not only showed appropriate structure as suggested by the narrative course, but also, according to the participant, were more coherent.

During the interview, the participant expressed that aspects such as grammar, coherence and vocabulary improved in her writing as a product of the intervention; this was reflected in a less frequent use of online translators and the construction of more clear and concise sentences. It is important to highlight that the participant acknowledged that autobiographies were the easiest texts to write. The participant stated that referring to a personal and more vivid past experience made it more possible to organize the events chronologically.

Podcasts and the Learning Process

Concerning the question about the use of podcasts for learning, the student reported that she had already used web tools. Nevertheless, she added that she

used the tools mostly for searching information, reproducing music and videos and others. It is worth mentioning that the participant had never thought about the potential use of mobile devices to support her learning process. The student revealed that they undoubtedly had played a crucial role in learning about the structure of types of texts.

During the study sessions, the element the participant considered most important were the summaries she wrote of each topic and of each production. The participant also used the podcasts to guide and revise the production of her writings. Among other aspects, she also described that the mobile device allowed her to access other types of resources, such as websites which gave her support for the development of activities in different topics.

Attention and Motivation in Class

The participant was asked about how the use of mobile devices affects her motivation to attend classes and the attention devoted to them. She acknowledged that the digital materials summarized great part of the class content and therefore, face-to-face teaching was not essential to understand the topics.

"You did not really have to go to class to understand a topic because nowadays there is so much technology that you do not have to be there to understand because there (on the video) was everything".

Regarding the attention, she expressed that she was more attentive, especially during the regular evaluations carried out in the narrative course.

"Obviously attention increased as it was the easiest way to understand the topics".

Discussion

Regarding the first question of this study, personal recounts seem to be the type of texts that are better produced. One of the reasons for this may be the short time taken to retell recent experiences and also, it is one of the most frequent genres used in teaching writing to students in their mother tongue (Chen, 2008). Additionally, recounting is considered one of the simplest narrative text types since events are presented one after the other in their order of occurrence (Feez, 2002). This finding coincides with Chaisiri's study (2010) that the im-

plementation of genre-based approach may produce promising improvements in students' writing.

On the other hand, concerning the second aspect related to linguistic patterns, there is no significant change in the before and after the written productions, except in the appropriate use of the past tenses. It also seems that irregular verbs were among items that the participant improved the most. It was observed in the second productions that the participant still uses present tenses instead of the past when recounting past events, especially when regular verbs are used. This is in line with the study about the universal order of morpheme acquisition carried out by Dulay, Burt, and Krashen (1982) where it was found that the irregular verbs were more promptly absorbed by learners.

Cohesion is another aspect that shows lack of improvement, especially in the appropriate use of connectors, which is recognized as one of the common problems faced by L2 learners (Chen, 2008). In this study a limited use of connectors was found in the second productions of the texts. It is possible that the participant avoided using connectors because she did not know how to use them appropriately.

Additionally, pronouns to substitute information were used the most. Production did not show lexical variety. There is a tendency to repeat the same words along the text (Ong, 2011). All these results agree with what was found in other studies (De Haan, & van Esch 2008; Ong, 2011) where conjunctions and lexical cohesion are found to be the aspects which show more difficulties to manage appropriately.

The implementation of genre-based approach with mobile learning in the study helped the participant to feel interested and motivated in checking the contents related to the types of texts in the mobile device frequently. In other words, the participant showed a positive attitude towards writing activities. This is coherent with the experts, Emilia, Hermawan & Nurhayati (2008) where they concluded that genre approach could empower students personally and cognitively. In general terms, university students have found in those devices the perfect allies to carry out academic activities (Al-Mukhaini, Al-Qayoudhi, & Al-Badi, 2014; Olufadi, 2015).

CONCLUSIONS AND SUGGESTIONS

This study implies that the use of mobile technology could be incorporated into a traditional English class, specifically the use of genre approach to work with writing skills. The analysis of the texts produced by the student showed an improved use of the language as well as some progress in the organization of the stages of the genre structure.

These results reveal that the genre approach to increase writing abilities with the support of mobile technology might generate positive results because the participant optimized the quality of the texts she produced in a short period of time. The explicit instruction of the aim of each stage of the types of texts by the teacher plus the support of podcasts where there was also an explanation helped the student to be more aware of how the different stages of text work.

The use of podcasts could also contribute to making students become the main actors of their own learning as they are encouraged to become independent and motivated students who are able to regulate their own learning pace and identify their weaknesses.

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